



Pledge to Prepare

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January

Supplies:

- ☐ 3 days of food, water, and cash
- ☐ Plastic bins or duffel bag
- ☐ Manual can-opener
- ☐ 2 flashlights, additional batteries (unopened), and/or camping light

Tasks:

- ☐ Review resources to develop an emergency plan at [ready.gov/plan](https://www.ready.gov/plan)



Send a photo of your progress to follow.us@eweb.org to be entered in the monthly raffle.

Food & Water Goal

14 Days

13
12
11
10
9
8
7
6
5
4
3
2
1

Keep building on your water, food and cash. Continue to prioritize non-perishable, high protein, easy-to-prepare items like canned foods, nuts and dried fruits. Remember, one day of water = 1 gallon per person.

Where to store your supplies

FEMA recommends putting your disaster supplies in one or two easy-to-carry containers such as plastic bins or duffel bags. Once you have bins or bags, you'll need a place to store your supplies. One of the best solutions is to keep supplies in multiple areas so that they are always within reach in the event of a disaster.

Cleaning and preparing water storage containers

Cleaning Before Use:

Wash the storage container and rinse with water. Sanitize the container with a solution made by mixing one teaspoon of unscented liquid household chlorine bleach in one quart of water. Cover the container tightly and shake it well. Make sure the sanitizing bleach solution touches all inside surfaces. Wait at least 30 seconds and then pour the solution out of the container. Let the empty container air-dry before use OR rinse the empty container with clean, safe water.

Storing Safe Water in a Container:

Label container as "drinking water" and include storage date. Keep stored water in a place with a fairly constant cool temperature (50-70° F). Do not store water containers in direct sunlight. Do not store water containers in areas where toxic substances, such as gasoline or pesticides, are present.

Replacing Emergency Water Supply:

Follow "best by" dates on store-bought water and switch out water in your containers every six months. Unlike food, water does not go bad. So, if you need to access your emergency water after that, it will be safe to drink as long as it is treated first. The most common treatment options are: **Boiling** - bring water to a rolling boil for one full minute. **Chlorination** - add 1/8 teaspoon of unscented liquid chlorine bleach per gallon of water, shake and let stand for 30 minutes.

Examples of non-perishable food items:

- Canned meats, beans, fruits, veggies, soups, chili and juices
- Granola bars
- Nut butters (peanut, almond)
- Dried fruits and nuts
- Freeze-dried meals
- Baby formula
- Canned pet food

Review food stocks annually. Eat food prior to expiration date and replace it.

Store cash in case ATMs do not function in an emergency or banks are closed.

